### **Constitutional Defense Alternate to the 7-Week Schedule**

### Ashely Edwards Constitutional Defense in 7 Days

Last fall I did the Constitutional Defense class in one week. 1 class video per day for 7 days. Everyone who took the class loved not only the content but the format I did too.

I believe that it was set for 5 or 6pm. And yes, it was a 2hr class so there was time for the video and a discussion after. I also have had people say that Rick talks too fast to keep up so I've been doing all class videos at 3/4 speed.

# Kolene Woodward Constitutional Defense One Day Version (with additional 1 day gun range option)

Configured for a 9:00 am to 4:00 pm Class (20 minute lunch)

## VENUES:

This course can be taught at a gun range, restaurant, church, or any other venue.

*Gun Range:* I visit with the owner to ask if they would like to discuss shooting options with class participants and what the range offers. This helps the range as well as our participants.

*Church or Other:* This course is also good for outside of a range as I encourage them to visit with their local range to see what they offer or have a range rep speak to the class.

## HOST:

The host of the event usually arranges for breakfast and lunch for participants, water, coffee, et al. They figure this into their cost and decide what to charge based on that. Usually, here in Nebraska, the rates are \$15/day and I charge \$20 for books. I get a \$100 fee to cover gas (if I travel over 1 hour) and if I have to spend the night they pay for my hotel and any outside meals. This is a fun time to get to know your host and to encourage them to become coaches.

## PROMOTING ALL OPTIONS WITH PATRIOT ACADEMY:

I have been using the handout that were given in bundles of 10 at the training in Ft. Worth over Constitution Weekend (Patriot Academy Impact Reports). This works great about getting out the word about Patriot Academy. I encourage the participants to become coaches and to bring Biblical Citizenship into their churches. I include my business card in these promotional materials so they can email or call/ text with questions.

#### INVOLVEMENT:

During "potty breaks" (I usually give one after each disk) I answer questions about local political situations and make sure they know who their representatives are and how to contact them. If there is a particular issue "front and center" I address it from a Constitutional perspective.

## 2-DAY CLASS OPTION:

If you wish to do a "Classroom training day/Range training day" scenario you will need to figure up cost for the individual based on range rental fees, time for trainers, your time, and what their ammo cost may be. Once you figure that up you can put a "fee package" together. People who want this type of training are used to paying for it so don't shy away from that.

#### HOW TO EDIT THE PROGRAM

I Begin Each Class with The Pledge and a Prayer

DISK 1: I play this entire disk including the opening.(1:30) DISK 2: I FFW to the Round Table discussion (0:04) I then FFW to the Independence Hall discussion.(1:05) DISK 3: I FFW straight to Independence Hall on this disk. (00:30) \*\*Showing the "history tour" at Independence Hall is an option if you have an "eat in" lunch. (00:37) May run a bit longer through the day. DISK 4: I start with the Round Table discussion at FrontSight. (00:08) I then go to Independence Hall. (00:45) DISK 5: I FFW straight to Independence Hall on this disk. (1:05) DISK 6: I FFW straight to Independence Hall on this disk. (00:45)

I usually give 5 minute "potty breaks" after each disk and allow for discussion. If discussion runs long, I stop after the First Amendment on Disk 6. It depends on how chatty your class is.

There is a lot of information to be digested in one day. I look for how the class seems to be doing towards the end of the day just in case they're "saturated".

I take The Founders Bible, Freedom's Frame, and The Patriot's Daughter as well as other books I have that people can read to become more educated. I also give a book away for the correct answer on trivia.

#### LET'S LEARN THE CONSTITUTION !!

Ideas on How to Put Together a Class

- 1. Email your group...remind them that learning their rights will help them protect those rights.
- 2. Decide a time and date and put up fliers, ads in the paper, emails to your group. Coffee shops are great for fliers and word of mouth.
- 3. Make it fun! To do this class will require an entire day. Have some volunteers put together box lunches, provide muffins for breakfast and always have coffee and tea! Have some give aways for trivia—mugs, flags, shirts.
- 4. Advertise, advertise, advertise. In addition to the above-mentioned ideas call people personally and invite them. Remind them. Send out texts reminding people of the event 2 days before.
- 5. I will also advertise your class on the Patriot Academy coaches page and our emails and connections.

#### Here are 3 ways you can enjoy this course:

1) 1-day "crash course". We have edited this course to fit into a 9:00-4:00 one-day course. This can introduce students to the local range and to the Constitution. This is usually done on a Saturday.

2) 7-week course. This course can be a "once a week for 7 weeks" course where we meet weekly to watch the videos and discuss content. This is usually done on an evening.

3) 2-day "Firearms and Constitution Training" situation. One day is spent learning the Constitution and some basic firearms safety. The second day is spent on the range training. This course is not free...students would pay for the range time and training.